

## Julie's Cheese Sauce

1 cup cashews soaked for 1-2 hours, then drained

2/3 cup water

2 teaspoons fresh rosemary

3 T lemon juice

1 teaspoon salt

2 teaspoons Bragg's Aminos

1 T olive oil

2-3 T nutritional yeast flakes

1/4 teaspoon cayenne pepper

Puree the nuts and water until smooth.

Add the rest of ingredients and blend until smooth once again.

This is great on Sea Tangle with some fresh or frozen peas, sliced red pepper.

Also this is great tossed with some raw zucchini Pasta.